

The Seven Biggest Mistakes Women Make On Dates & Tips On How To Avoid These

1. Not Appreciating A Man's Efforts

Some women are not appreciative simply because they don't realise how important it is for a man to feel appreciated. Men are often just as nervous as you on a date and are sometimes just as sensitive when it comes to wondering if their date is having a good time.

Sometimes men put a lot of thought or go to a lot of effort in choosing a location for a date and even if they don't or the woman has chosen the location, they often still feel responsible for a woman's enjoyment of the date.

If a man has booked a restaurant or suggested a place to go and his date doesn't comment at all or worse still makes a negative comment, he will often take it personally. In your book this may be a casual comment not related to him at all but I have worked with lots of men who tell me when a woman makes a positive comment e.g. about the food – they look upon this as you showing appreciation of them.

So don't underestimate the importance of appreciation. Even if it's somewhere you perhaps would not have chosen, or everything is not totally to your liking, find something positive to say about it.

Appreciation can simply be a "thank you" for inviting you out, suggesting the restaurant, helping you on with your coat to holding the umbrella over you when it's raining. When it's missing, you risk a man feeling taken for granted.

2. Asking Too Many Personal Questions Too Soon

The feedback I've had from men is that sometimes dating seems more like an interview and they feel that they are being quizzed and asked too many personal questions. This may of course be down to lack of conversational skills, or confidence on the woman's behalf.

Some women treat dating as if they were conducting an interview. Create a natural flow by asking open questions and genuinely showing an interest in the answers and then offer something relating to your life.

Dating is about getting to know each other. Bear in mind that while you may feel comfortable about answering probing questions and sharing personal information, your date may not. If you know that you tend to ask personal questions too soon, try matching the level of intimacy in your questions to those of your date's.

3. Talking About Previous Dates Or Ex's Too Much

There are many things that you can discuss on a date, but there's one topic that you should avoid bringing up on a first date, other men. Whether it's your ex, the dates you've had recently, it really doesn't matter. No man wants to feel that he is likely to be compared to other men – even if this is not your intention.

Once you have been dating a while and the intimacy and level of sharing has increased between you, the topic of former ex's will naturally come up. However, talking about previous dates, boyfriends or ex's too soon, may have the effect of closing down the communication between you and your date and make him feel uncomfortable.

4. Not Being Yourself

Pretending to be something or someone you are not can often be spotted a mile off! I'm not talking about making the most of yourself and your physical assets, I mean being yourself in terms of your personality.

Trying to change yourself or adapt your personality to please a man is a recipe for disaster. Most men can tell when you are not coming across as genuine or if they can't at first, it will soon become apparent. The mistake here is giving the impression to your date that you are something or someone you are not.

There is nothing wrong with being who you are. Being comfortable with who you are, is essential. This requires you to be honest with yourself and having the courage to be honest with your date too. It's far better to admit that you're not a huge fan of something and reach a compromise or let him know that you'll go along with an open mind than to pretend you are really into Jazz or football for example and having to be false.

5. Wearing Too Much Make Up

This has been fed back to me over and over again. Most men prefer women to look natural. They don't mind if they wear make-up as long as it's applied in a way that enhances their natural beauty.

Men however, do admit that looks are important to them. They are attracted to a woman visually at first and if they like what they see then they will want to get to know them. So, whilst it pays you to make the most of yourself, don't go over the top and create a look that is not "you" or not appropriate for the occasion.

Enhancing your natural beauty does not mean being made up to look like someone you are not. A session with a really good make up artist who understands the benefits of a natural looking make-up is certainly a worthwhile investment.

6. Giving The Appearance Of Being Untouchable

Most men are not attracted to women who give the appearance of being "untouchable". This can come from wearing too much make-up and appearing too "manicured" – I've actually had men tell me that their former wives / girlfriends would often not let them kiss them as it ruined their lipstick!

Men tend to prefer women who are not so obsessed with their looks that it prevents them from enjoying life.

7. Complaining And Being Negative

Making negative comments can be interpreted as “complaining” and as far as most men are concerned is a turn-off. Some women don’t realise when they are complaining or being negative, it has almost become part of their style of communication style. However, this is one style that won’t score any points.

It is important for a man to feel that he is pleasing his date so any negative comments will cause him to doubt if she is enjoying herself and or his company. This can sometimes be expressed in the form of dislikes. These may not be negative comments you make about him or the date itself but if you complain about others or your work or spend a lot of time expressing what you dislike – this can have a negative effect on his impression of you.

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I hope you have enjoyed these tips and I wish you lots of luck in dating

If at anytime you think that you would benefit from further assistance in dating, please contact me I would be happy to help.

You might also want to check out my e-coaching course, which helps prepare you for successful dating.

Best wishes

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